

Fruit

CANNING YIELD GUIDE

— Pounds Per Quart —



Peaches — 2-3 lbs → 1 Quart —
peeled & pitted



Apples — 2.5-3 lbs → 1 Quart —
peeled & cored



Pears — 2.5-3 lbs → 1 Quart —
peeled & cored



Plums — 2-3 lbs → 1 Quart —
pitted



Cherries — 2-2.5 lbs → 1 Quart —
pitted



Apricots — 2-3 lbs → 1 Quart —
halved & pitted



Berries (Strawberries, Blueberries, etc.) —
1.5-2 lbs → 1 Quart
whole or sliced



Grapes — 2 lbs → 1 Quart —
whole



Rhubarb — 2-2.5 lbs → 1 Quart —
chopped



Amounts are approximate. Actual yield varies depending
on trimming, peeling, and produce size.